

2026 NBMS HEALTH SUMMIT

Guest Program

While the 2026 NBMS Health Summit conference is underway, NBMS member guests are invited to enjoy a relaxing and enriching day in beautiful St. Andrews-by-the-Sea. The NBMS Guest Program offers a thoughtful blend of creativity, local exploration, and guided experiences. Designed to help guests make the most of this charming coastal town. All activities are optional, and advance registration is required due to limited capacity.

Program Schedule – May 30th, 2026

Guests can select one experience per block. Each block will offer the same three activities.

- Morning Block: 9:30 AM – 11:30 AM
- Afternoon Block: 1:30 PM – 3:30 PM



1 – Wild Coastal Hike with Turtle Shore Adventures

Capacity: 20 participants | Fee: \$20

Join local biologist Genny Simard for an interactive beach walk exploring the marine life of the intertidal zone. Discover crabs, sea stars, sea urchins, and plankton under the microscope, and use binoculars to spot seabirds along the harbour. A lively, educational adventure on the Fundy coast.



2 - Discover the Town's Storied Past - Heritage Walk of St. Andrews

Capacity: 20 participants | Fee: \$20

Explore the town's rich history with local historian, Norma Stewart. Highlights include the Charlotte County Archives in the old Gaol, the historic Courthouse, the Ross Memorial Museum, and Sheriff Andrews House. A memorable journey through St. Andrews' heritage and architecture.



3 - Paint & Create with Jessi Hatt at the Drewhaven

Capacity: 60 participants | Fee: \$60

Enjoy a relaxed, step-by-step acrylic painting workshop inspired by St. Andrews' coastal views. Led by local artist Jessi Hatt (Smith), this session is perfect for all skill levels—from first-time painters to seasoned creatives.

This is a self-led program, and guests are responsible for making their way to their selected activity locations.

For any inquiries, please contact Mélanie Eva at events@nbms.nb.ca.